

Elmar-Frings-Pokal

V6.5 / 16/05/19						Schwimmen		Schießen		Laufen 800 m		
Rang	Altersklasse	Geschlecht	Name, Vorname	Verein	Jahrgang	Zeit	Punkte	Ringe / Treffer	Punkte	Zeit	Punkte	Punkte
1	U11	m	Hense, Julius	Neusser SV 1900	2009	0:37,5	273	0	0	2:48,0	294	567
2	U11	m	Karasch, Adrian	Neusser SV 1900	2009	0:40,3	265	0	0	3:06,0	258	523
3	U11	m	Schmitz, Tabeo	Neusser SV 1900	2009	0:45,4	249	0	0	3:02,0	266	515
4	U11	m	Akgündüz, Ada Mete	Neusser SV 1900	2009	0:48,2	241	0	0	3:02,0	266	507
5	U11	m	Ruf, Maik	Neusser SV 1900	2009	0:40,5	264	0	0	3:14,0	242	506
6	U11	m	Meissner, Nico	SSF Bonn	2011	0:51,8	230	0	0	3:11,0	248	478
7	U11	m	Sinitzki, Devin	Neusser SV 1900	2010	0:55,4	219	0	0	3:14,0	242	461
8	U11	m	Straßburg, Paul	Neusser SV 1900	2012	1:15,1	160	0	0	3:36,0	198	358
9	U11	m	Wohlbold, Johann	Neusser SV 1900	2011	1:11,8	170	0	0	3:47,0	176	346
10	U11	m	Ruf, Julian	Neusser SV 1900	2011	1:03,8	194	0	0	4:00,0	150	344
11	U11	m	Ohlmann, Lennard	Neusser SV 1900	2009	1:26,5	126	0	0	3:35,0	200	326
12	U11	m	Schmitz, Justus	Neusser SV 1900	2012	1:03,2	196	0	0	4:38,0	74	270
13	U11	m	de Vries, Noah	Neusser SV 1900	2011	1:15,5	159	0	0	4:38,0	74	233
14	U11	m	Ohlmann, Peer	Neusser SV 1900	2011	2:08,7	25	0	0	3:46,0	178	203
1	U11	w	Warschat, Jantje	SSF Bonn	2009	0:37,3	274	0	0	3:00,0	270	544
2	U11	w	Rewer, Paula	SSF Bonn	2009	0:39,5	267	0	0	2:57,0	276	543
3	U11	w	Philipp, Lisanne	Neusser SV 1900	2009	0:46,2	247	0	0	3:14,0	242	489
4	U11	w	Dicks, Lena	Neusser SV 1900	2009	0:41,2	262	0	0	3:30,0	210	472
5	U11	w	Arp, Sophie	SSF Bonn	2009	0:54,9	221	0	0	3:12,0	246	467
6	U11	w	Durmus, Ilayda	SSC Hellas Wuppertal	2009	0:49,8	236	0	0	3:45,0	180	416
7	U11	w	Hense, Livia	Neusser SV 1900	2011	1:05,9	188	0	0	3:24,0	222	410
8	U11	w	Durmus, Lara	SSC Hellas Wuppertal	2010	0:48,6	240	0	0	3:51,0	168	408
9	U11	w	Scheurenberg, Sarah	Neusser SV 1900	2010	0:55,0	220	0	0	3:54,0	162	382
10	U11	w	Lind, Katharina	Neusser SV 1900	2012	1:01,2	202	0	0	3:53,0	164	366
11	U11	w	Quijano, Mila	Neusser SV 1900	2009	1:05,7	188	0	0	4:04,0	142	330
12	U11	w	Adam, Mia	Neusser SV 1900	2013	1:20,8	143	0	0	3:48,0	174	317
13	U11	w	Mahalingam, Risana	Neusser SV 1900	2011	1:00,9	203	0	0	4:47,0	56	259
14	U11	w	Mahalingam, Riana	Neusser SV 1900	2011	0:59,5	207	0	0	DSQ	0	207
15	U11	w	Sinitzki, Viktoria	Neusser SV 1900	2012	1:08,0	181	0	0	5:06,0	25	206
1	U13	m	Adam, Moritz	Neusser SV 1900	2007	1:08,3	298	81	162	2:34,0	302	762
2	U13	m	Kamp, Andre	Neusser SV 1900	2008	1:26,7	224	87	174	2:48,0	274	672
3	U13	m	Baranowski, Georg	Neusser SV 1900	2007	1:12,4	282	52	104	2:47,4	276	662
4	U13	m	Kost, Tom	SSF Bonn	2007	1:21,4	246	50	100	2:47,1	276	622
5	U13	m	Ohlmann, Philipp	Neusser SV 1900	2007	1:37,8	180	89	178	3:06,0	238	596
6	U13	m	Schmitz, Tibor	Neusser SV 1900	2007	1:19,7	252	58	116	3:23,0	204	572
7	U13	m	Belender, Maxim	SSF Bonn	2008	1:28,1	218	49	98	3:08,0	234	550
1	U13	w	Ader, Lilly	Neusser SV 1900	2007	1:08,7	296	85	170	2:59,0	252	718
2	U13	w	Dicks, Hannah	Neusser SV 1900	2008	1:14,2	274	71	142	2:46,9	278	694
3	U13	w	Philipp, Annabelle	Neusser SV 1900	2007	1:30,8	208	92	184	3:01,0	248	640
4	U13	w	Horn, Alea	SSF Bonn	2008	1:19,8	252	54	108	2:53,0	264	624
5	U13	w	Blum, Mara	SSF Bonn	2008	1:26,9	224	33	66	3:10,0	230	520
6	U13	w	Fede, Mia	Neusser SV 1900	2008	1:34,3	194	44	88	3:15,0	220	502
7	U13	w	Becker, Dana	SSF Bonn	2008	1:34,0	194	26	52	3:10,0	230	476
8	U13	w	Molkow, Franziska	SSF Bonn	2008	1:41,9	164	50	100	3:23,0	204	468
9	U13	w	Henning, Anna	SSF Bonn	2008	1:48,3	138	31	62	3:02,0	246	446